



VERTICAL ADVENTURES DECATHLON/HEPTATHLON

JUNE 23-24, 2018

LENAPE HIGH SCHOOL, MEDFORD, NJ

Dear Interested Athletes, Coaches, Parents and Friends,

We are pleased to announce that we will be hosting a Decathlon (HS and Open Men) and Heptathlon (HS and Open Women) competition at Lenape HS on June 23-24, 2018.

The competition is based on international scoring tables where the performance in each event earns a point score. The winner is the athlete who amasses the most points over all the events. The meet is held over two days, as follows:

			<u>Start Time</u>
Men –	Day 1:	100M, LJ, SP, HJ, 400M	10:45 AM
	Day 2:	110MH, DT, PV, JT, 1500M	10:30 AM
Women –	Day 1:	100MH, HJ, SP, 200M	10:30 AM
	Day 2:	LJ, JT, 800M	10:30 AM

All levels are invited. We anticipate having athletes who have never tried some of the events in a competition. The meet is designed for developing athletes and for those interested in competing in a decathlon or heptathlon. That said, we are also inviting a number of athletes who have excelled in multiple events, so it should be a good meet for beginners and for advanced athletes. This is a USATF sanctioned event. Results will be posted on NJRunners.com (MileSplit).

Entries can be completed using the following link: <https://goo.gl/forms/fUnLnb3NZ0yMLz1P2>

The \$60 entry fee is payable to “Vertical Adventures” and can be mailed to:

Frank Harrison
170 Stone Hill Road
Colts Neck, NJ 07722

For questions and contact information, please email Frank Harrison at bharrison6223@gmail.com.

Results from the 2017 meet can be found at: <http://nj.milesplit.com/meets/271105/results#.WV5PLoTyuU1>

The following link provides a useful scoring calculator:
<https://www.usatf.org/statistics/calculators/combinedEventsScoring/>

Sincerely,

Frank Harrison (Meet Director)

Meet website: www.verticaladventures.org

Decathlon/Heptathlon

Meet Records (through 2017)

MEN'S HIGH SCHOOL DIVISION – DECATHLON (1)

	Athlete	Hometown	Points	Year Set
Meet Record:	Andrew Ghizzzone	Scotch Plains, NJ	6237	2014
Senior Class:	Andrew Ghizzzone	Scotch Plains, NJ	6237	2014
Junior Class:	Dan Harrison	Colts Neck, NJ	6013	2012
Sophomore Class:	Decker Barborek	Fairfax, VA	5477	2016
Freshman Class:	Philippe Jallow	Livingston, NJ	4871	2016

1 st 7 events:	Dan Harrison	Colts Neck, NJ	4729	2012 *
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MEN'S OPEN DIVISION – DECATHLON (2)

	Athlete	Hometown	Points	Year Set
Meet Record:	Ben Colello	Sudbury, MA	6618	2017

1 st 7 events:	Tim Wunderlich	Marrietta, OH	5164	2013 *
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WOMEN'S HIGH SCHOOL DIVISION - HEPTATHLON (3)

	Athlete	Hometown	Points	Year Set
Meet Record:	Aspen Gaita	Stroudsburg, PA	4474	2014
Senior Class:	Kari DiTonno	Livingston, NJ	4146	2016
Junior Class:	Aspen Gaita	Stroudsburg, PA	4474	2014
Sophomore Class:	Aspen Gaita	Stroudsburg, PA	4033	2013
Freshman Class:	Adia Palmer	Brooklyn, NY	3615	2017

WOMEN'S OPEN DIVISION - HEPTATHLON (3)

	Athlete	Hometown	Points	Year Set
Meet Record:	Cristina Cristea	Garfield, NJ	4256	2015

Notes:

- (1) Use HS implements (12lb Shot, 1.6kg Discus, 39" Hurdles, 800g Javelin); Int'l Decathlon Rules Apply.
- (2) International Rules and implements (16lb Shot, 2.0kg Discus, 42" Hurdles, 800g Javelin).
- (3) Int'l and HS implements are same (4kg Shot, 33" Hurdles, 600g Javelin); Int'l Heptathlon Rules Apply.

* First 7 events are tracked separately to honor 2013 athletes whose meet was suspended after 7 events due to weather. Top 10 ranking of 1st 7 events is kept separately (see exhibit).

Decathlon/Heptathlon

Meet Records (through 2017)

Women's High School Division

Event	Mark/Time	Athlete	Hometown	Year
Heptathlon	4474 Points	Aspen Gaita	Stroudsburg, PA	2014
Day 1 Total	2889 Points	Aspen Gaita	Stroudsburg, PA	2014
Day 2 Total	2034 Points	Tara Higgins	Media, PA	2017
100 Meter Hurdles	14.58	Aspen Gaita	Stroudsburg, PA	2014
High Jump	5'4.25" / 1.63M	Reilly Wagner Madison Meise	Crofton, MD Tomes River, NJ	2015 2016
Shot Put	38'7.75" / 11.78M	Amy Bruno	Barneгат, NJ	2015
200 Meters	25.96	Aspen Gaita	Stroudsburg, PA	2014
Long Jump	17'8" / 5.39M	Dana Ohlson	Manahawkin, NJ	2011
Javelin	133'7" / 40.71M	Tara Higgins	Media, PA	2017
800 Meters	2:20.54	Adia Palmer	Brooklyn, NY	2017

Top Scores

	Athlete	Point Scores	Year	Grade
1)	Aspen Gaita	4474	2014	11
2)	Tara Higgins	4281	2017	11
3)	Kari DiTonno	4146	2016	12
4)	Madison Meise	4043	2016	11
5)	Aspen Gaita	4033	2013	10
6)	Kari DiTonno	3955	2015	11
7)	Dana Ohlson	3826	2011	11
8)	Reilly Wagner	3808	2015	12
9)	Kali Dawson	3713	2015	12
10)	Gina Bishof	3688	2013	11

History – Past Winners

Year	Athlete	Point Score	Date/Site
2017	Tara Higgins	4281	June 24-25, 2017 / Lenape HS
2016	Kari DiTonno	4146	June 25-26, 2016 / Lenape HS
2015	Kari DiTonno	3955	June 27-28, 2015 / Lenape HS
2014	Aspen Gaita	4474	June 28-29, 2014 / Lenape HS
2013	Aspen Gaita	4033	June 29-30, 2013 / Lenape HS
2012	Brandie Tartza	3395	June 16-17, 2012 / Lenape HS
2011	Dana Ohlson	3826	June 18-19, 2011 / Colts Neck HS

Decathlon/Heptathlon Meet Records (through 2017)

Men's High School Division

Event	Mark/Time	Athlete	Hometown	Year
Decathlon	6237 Points	Andrew Ghizzzone	Scotch Plains, NJ	2014
Day 1 Total	3266 Points	Dan Harrison	Colts Neck, NJ	2012
Day 2 Total	3053 Points	Luke Pease	Haddonfield, NJ	2014
100 Meters	10.94	Ryan Hynes	Doylestown, PA	2012
Long Jump	20'7.25" / 6.28M	Collin Mascola	Howell, NJ	2012
Shot Put	53'3.5" / 16.24M	David McGriff	Flemington, NJ	2013
High Jump	6'2.75" / 1.90M	Andrew Colbert	Freehold, NJ	2017
400 Meters	50.60	Decker Barborek	Fairfax, VA	2017
110 M Hurdles	14.90	Ryan Hynes	Doylestown, PA	2012
Discus	164'11" / 50.28M	Adam Hunt	Haddon Twp, NJ	2017
Pole Vault	13'9.25" / 4.20M	Andrew Ghizzzone	Scotch Plains, NJ	2014
Javelin	183'8" / 55.99M	Luke Pease	Haddonfield, NJ	2014
1500 Meters	4:24.9 (hand)	Mike Cross	Hopewell Valley, NJ	2011

Top Scores

	Athlete	Point Scores	Year	Grade
1)	Andrew Ghizzzone	6237	2014	12
2)	Luke Pease	6126	2014	12
3)	Ryan Hynes	6032	2012	12
4)	Dan Harrison	6013	2012	11
5)	Jimmy O'Connor	5831	2011	12
6)	Mike Cross	5783	2011	12
7)	Decker Barborek	5765	2017	11
8)	Collin Mascola	5560	2012	12
9)	Jonathan Pangborn	5489	2011	11
10)	Decker Barborek	5477	2016	10

History – Past Winners

Year	Athlete	Point Score	Grade	Date/Site
2017	Decker Barborek	5765	11	June 24-25, 2017 / Lenape HS
2016	Decker Barborek	5477	10	June 25-26, 2016 / Lenape HS
2015	Qudratullah, Qadiri	5258	12	June 27-28, 2015 / Lenape HS
2014	Andrew Ghizzzone	6237	12	June 28-29, 2014 / Lenape HS
2013	David McGriff	4708 *	12	June 29-30, 2013 / Lenape HS
2012	Ryan Hynes	6032	12	June 16-17, 2012 / Lenape HS
2011	Jimmy O'Connor	5831	12	June 18-19, 2011 / Colts Neck HS

* Meet suspended after 7 events due to weather.



Decathlon/Heptathlon

Meet Records (through 2017)



Women's Open Division

Event	Mark/Time	Athlete	Hometown	Year Set
Heptathlon	4256 Points	Cristina Cristea	Garfield, NJ	2015
Day 1 Total	2589 Points	Cristina Cristea	Garfield, NJ	2015
Day 2 Total	1667 Points	Cristina Cristea	Garfield, NJ	2015
100 M Hurdles	15.48	Cristina Cristea	Garfield, NJ	2015
High Jump	5'5.75" / 1.67M	Kelsey Lewis	Middletown, NJ	2017
Shot Put	31'4" / 9.55M	Cristina Cristea	Garfield, NJ	2015
		Lucienne Ford	Hartwick, NY	2016
200 Meters	27.01	Cristina Cristea	Garfield, NJ	2015
Long Jump	16'9.75" / 5.12M	Kelsey Lewis	Middletown, NJ	2016
Javelin	92'11" / 28.32M	Kari DiTonno	Livingston, NJ	2017
800 Meters	2:24.60	Erin LaCosta	Sommerville, NJ	2014

Top Scores

	Athlete	Point Scores	Year
1)	Cristina Cristea	4256	2015
2)	Kari DiTonno	4084	2017
3)	Christina Cristea	3897	2016
4)	Bryanna Craig	3797	2017
5)	Kelsey Lewis	3661	2016
6)	Erin LaCosta	3633	2014
7)	Kelsey Lewis	3586	2017
8)	Kelsey Lewis	3538	2015

History – Past Winners

Year	Athlete	Point Score	Date/Site
2017	Kari DiTonno	4084	June 24-25, 2017 / Lenape HS
2016	Cristina Cristea	3897	June 25-26, 2016 / Lenape HS
2015	Cristina Cristea	4256	June 27-28, 2015 / Lenape HS
2014	Erin LaCosta	3633	June 28-29, 2014 / Lenape HS

Meet Records (through 2017)

Men's Open Division

Event	Mark/Time	Athlete	Hometown	Year
Decathlon	6618 Points	Ben Colello	Sudbury, MA	2017
Day 1 Total	3573 Points	Tim Wunderlich	Marrietta, OH	2013
Day 2 Total	3217 Points	Ben Colello	Sudbury, MA	2017
100 Meters	11.28	Will Fountain	Edgewater, MD	2016
Long Jump	21'9" / 6.63M	Duane Hynes	New York, NY	2011
Shot Put	49'1.5" / 14.97M	Tim Wunderlich	Marrietta, OH	2013
High Jump	6'5" / 1.96M	Connor Langdon	Manorville, NY	2017
400 Meters	50.69	Ben Colello	Sudbury, MA	2017
110 M Hurdles	15.09	Tim Wunderlich	Marrietta, OH	2013
Discus	145'3" / 44.29M	Tim Wunderlich	Marrietta, OH	2013
Pole Vault	14'0" / 4.27M	Derek Hynes	Princeton, NJ	2012
Javelin	185'2" / 56.45M	Ben Colello	Sudbury, MA	2017
1500 Meters	4:11.49	Kyle Price	North Brunswick, NJ	2016

Top Scores

	Athlete	Point Scores	Year
1)	Ben Colello	6618	2017
2)	Connor Langdon	5868	2017
3)	Will Fountain	5725	2016
4)	Duane Hynes	5716	2011
5)	Evan Stivala	5657	2016
6)	Evan Stivala	5636	2012
7)	Will Fountain	5490	2015
8)	Sam Maniglia	5483	2014
9)	Evan Stivala	5430	2011
10)	Steven Swern	5419	2017

History – Past Winners

Year	Athlete	Point Score	Date/Site
2017	Ben Colello	6618	June 24-25, 2017 / Lenape HS
2016	Will Fountain	5725	June 27-28, 2015 / Lenape HS
2015	Will Fountain	5490	June 27-28, 2014 / Lenape HS
2014	Sam Maniglia	5483	June 28-29, 2014 / Lenape HS
2013	Tim Wunderlich	5164	June 29-30, 2013 / Lenape HS
2012	Evan Stivala	5636	June 16-17, 2012 / Lenape HS
2011	Duane Hynes	5716	June 18-19, 2011 / Colts Neck HS



Decathlon/Heptathlon



Class Records (through 2017)

Women's High School Division – Freshman

Event	Mark/Time	Athlete	Hometown	Year Set
Heptathlon	3615 Points	Adia Palmer	Brooklyn, NY	2017
Day 1 Total	2092 Points	Adia Palmer	Brooklyn, NY	2017
Day 2 Total	1523 Points	Adia Palmer	Brooklyn, NY	2017
100 M Hurdles	17.02	Adia Palmer	Brooklyn, NY	2017
High Jump	5'3.25" / 1.61M	Sophia Yun	Freehold, NJ	2017
Shot Put	31'9.5" / 9.69M	Alicia Campbell	Jersey City, NJ	2017
200 Meters	27.28	Dana Rose Brown	Pinelands, NJ	2012
Long Jump	15'4.5" / 4.69M	Adia Palmer	Brooklyn, NY	2017
Javelin	18.91M / 62'0.5"	Dana Rose Brown	Pinelands, NJ	2012
800 Meters	2:20.54	Adia Palmer	Brooklyn, NY	2017

Top Scores

	Athlete	Point Scores	Year	Grade
1)	Adia Palmer	3615	2017	9
2)	Alicia Campbell	3163	2017	9
3)	Dana Rose Brown	2945	2012	9
4)	Sophia Yun	2923	2017	9
5)	Georgia Larzelere	2649	2015	9



Decathlon/Heptathlon

Class Records (through 2017)



Women's High School Division – Sophomore

Event	Mark/Time	Athlete	Hometown	Year Set
Heptathlon	4033 Points	Aspen Gaita	Stroudsburg, PA	2013
Day 1 Total	2682 Points	Aspen Gaita	Stroudsburg PA	2013
Day 2 Total	1476 Points	Maia Hauschild	Princeton, NJ	2014
100 M Hurdles	15.27	Aspen Gaita	Stroudsburg, PA	2013
High Jump	5'1" / 1.55M	Aspen Gaita	Stroudsburg, PA	2013
Shot Put	27'11" / 8.51M	Staci Jett	Lumberton, NJ	2015
200 Meters	26.32	Aspen Gaita	Stroudsburg, PA	2013
Long Jump	5.09M / 16'8.5"	Julia Petruch	Colts Neck, NJ	2011
Javelin	30.25M / 99'3"	Noel Hartman	Little Egg Harbor, NJ	2014
800 Meters	2:28.50	Maia Hauschild	Princeton, NJ	2014

Top Scores

	Athlete	Point Scores	Year	Grade
1)	Aspen Gaita	4033	2013	10
2)	Julia Petruch	3678	2011	10
3)	Maia Hauschild	3330	2014	10
4)	Gabby Paulina-Hamill	3384	2016	10
5)	Noel Hartman	3156	2014	10
6)	Staci Jett	3098	2015	10
7)	Rachel Drill	3046	2017	10
8)	Janeé Patterson	2829	2017	10
9)	Abby Chrzanowski	2409	2013	10
10)	Danielle Baxter	2186	2013	10



Decathlon/Heptathlon



Class Records (through 2017)

Women's High School Division – Junior

Event	Mark/Time	Athlete	Hometown	Year Set
Heptathlon	4474 Points	Aspen Gaita	Stroudsburg, PA	2014
Day 1 Total	2889 Points	Aspen Gaita	Stroudsburg, PA	2014
Day 2 Total	2034 Points	Tara Higgins	Media, PA	2017
100 M Hurdles	14.58	Aspen Gaita	Stroudsburg, PA	2014
High Jump	5'4.25" / 1.63M	Madison Meise	Toms River, NJ	2016
Shot Put	38'7.75" / 11.78M	Amy Bruno	Barnegat, NJ	2015
200 Meters	25.96	Aspen Gaita	Stroudsburg, PA	2014
Long Jump	17'8" / 5.39M	Dana Ohlson	Manahawkin, NJ	2011
Javelin	133'7" / 40.71M	Tara Higgins	Media, PA	2017
800 Meters	2:22.16	Tara Higgins	Media, PA	2017

Top Scores

	Athlete	Point Scores	Year	Grade
1)	Aspen Gaita	4474	2014	11
2)	Tara Higgins	4281	2017	11
3)	Madison Meise	4043	2016	11
4)	Gina Bishof	3688	2013	11
5)	Heather Meadows	3582	2017	11
6)	Alanna Hitscherich	3561	2013	11
7)	Gabby Paulina-Hamill	3505	2017	11
8)	DanaRose Brown	3420	2014	11
9)	Elly Wardle	3372	2011	11
10)	Alyssa Glover	3207	2012	11



Decathlon/Heptathlon



Class Records (through 2017)

Women's High School Division – Senior

Event	Mark/Time	Athlete	Hometown	Year Set
Heptathlon	4146 Points	Kari DiTonno	Livingston, NJ	2016
Day 1 Total	2430 Points	Kari DiTonno	Livingston, NJ	2016
Day 2 Total	1716 Points	Kari DiTonno	Livingston, NJ	2016
100 M Hurdles	15.89	Kali Dawson	Edgewater, MD	2015
High Jump	5'4.25" / 1.63M	Reilly Wagner	Crofton, MD	2015
Shot Put	34'10.5" / 10.63M	Staci Jett	Lumberton, NJ	2017
200 Meters	26.55	Kari DiTonno	Livingston, NJ	2016
Long Jump	16'11.25" / 5.16M	Kari DiTonno	Livingston, NJ	2016
Javelin	106'3" / 32.39M	Ally Doyle	Colts Neck, NJ	2012
800 Meters	2:25.91	Rose Ciriello	Madison, NJ	2015

Top Scores

	Athlete	Point Scores	Year	Grade
1)	Kari DiTonno	4146	2016	12
2)	Reilly Wagner	3808	2015	12
3)	Kali Dawson	3713	2015	12
4)	Brandie Tartza	3553	2013	12
5)	Casey Sturts	3534	2013	12
6)	DanaRose Brown	3402	2015	12
7)	Rachel Parr	3349	2017	12
8)	Rose Ciriello	3065	2015	12
9)	Ally Doyle	3055	2012	12
10)	Katherine Wilk	2786	2011	12



Decathlon/Heptathlon



Class Records (through 2017)

Men's High School Division – Freshman

Event	Mark/Time	Athlete	Hometown	Year
Decathlon	4871 Points	Philippe Jallow	Livingston, NJ	2016
Day 1 Total	2700 Points	Philippe Jallow	Livingston, NJ	2016
Day 2 Total	2221 Points	Decker Barborek	Fairfax, VA	2015
	2221 Points	Simon Schenk	Princeton, NJ	2017
100 Meters	11.69	Philippe Jallow	Livingston, NJ	2016
Long Jump	19'4.25" / 5.90M	Philippe Jallow	Livingston, NJ	2016
Shot Put	32'3.0" / 9.83M	Philippe Jallow	Livingston, NJ	2016
High Jump	5'2.5" / 1.59M	Philippe Jallow	Livingston, NJ	2016
400 Meters	55.24	Decker Barborek	Fairfax, VA	2015
110 M Hurdles	17.27	Philippe Jallow	Livingston, NJ	2016
Discus	103'11" / 31.67M	Philippe Jallow	Livingston, NJ	2016
Pole Vault	13'0.75" / 3.98M	Simon Schenk	Princeton, NJ	2017
Javelin	124'8" / 38.01M	John Rosero	Livingston, NJ	2016
1500 Meters	4:43.32	Decker Barborek	Fairfax, VA	2015

Top Scores

	Athlete	Point Scores	Year	Grade
1)	Philippe Jallow	4871	2016	9
2)	Decker Barborek	4617	2015	9
3)	Simon Schenk	4441	2017	9
4)	John Rosero	3696	2016	9

Decathlon/Heptathlon

Class Records (through 2017)

Men's High School Division – Sophomore

Event	Mark/Time	Athlete	Hometown	Year
Decathlon	5477 Points	Decker Barborek	Fairfax, VA	2016
Day 1 Total	3130 Points	Andrew Colbert	Freehold, NJ	2017
Day 2 Total	2601 Points	Preston DeLaurentis	Hightstown, NJ	2012
100 Meters	11.65	Decker Barborek	Fairfax, VA	2016
Long Jump	20'6.5" / 6.26M	Philippe Jallow	Livingston, NJ	2017
Shot Put	44'11.5" / 13.70M	Dan Harrison	Colts Neck, NJ	2011
High Jump	6'2.75" / 1.90M	Andrew Colbert	Freehold, NJ	2017
400 Meters	51.67	Decker Barborek	Fairfax, VA	2016
110 M Hurdles	15.87	Ryan Givens	Ocean City, NJ	2013
Discus	133'4" / 40.64M	David McGriff	Flemington, NJ	2012
Pole Vault	12'3.5" / 3.75M	Jacob Metheny	Mullica, Hill, NJ	2015
Javelin	43.46M / 142'7"	Preston DeLaurentis	Hightstown, NJ	2012
1500 Meters	4:45.99	Decker Barborek	Fairfax, VA	2016

Top Scores

	Athlete	Point Scores	Year	Grade
1)	Decker Barborek	5477	2016	10
2)	Philippe Jallow	5245	2017	10
3)	Andrew Colbert	5238	2017	10
4)	Preston DeLaurentis	5068 *	2012	10
5)	David McGriff	5063	2011	10
6)	Jacob Metheny	4157	2015	10
7)	Luke Schraer	3958	2016	10
8)	Andrew Novotny	3752	2015	10

* No Mark in LJ

Decathlon/Heptathlon

Class Records (through 2017)

Men's High School Division – Junior

Event	Mark/Time	Athlete	Hometown	Year
Decathlon	6013 Points	Dan Harrison	Colts Neck, NJ	2012
Day 1 Total	3266 Points	Dan Harrison	Colts Neck, NJ	2012
Day 2 Total	2747 Points	Dan Harrison	Colts Neck, NJ	2012
100 Meters	11.43	Dan Harrison	Colts Neck, NJ	2012
Long Jump	20'5.25" / 6.23M	Dan Harrison	Colts Neck, NJ	2012
Shot Put	45'9" / 13.94M	Dan Harrison	Colts Neck, NJ	2012
High Jump	6'1.25" / 1.86M	Jonathan Pangborn	Jackson, NJ	2011
400 Meters	50.60	Decker Barborek	Fairfax, VA	2017
110 M Hurdles	15.49	Nicholas Medway	Whippany, NJ	2013
Discus	151'2" / 46.08M	Adam Hunt	Haddon Twp, NJ	2016
Pole Vault	12'8.75" / 3.88M	Decker Barborek	Fairfax, VA	2017
Javelin	149'6.5" / 45.58M	Jonathan Pangborn	Jackson, NJ	2011
1500 Meters	4:31.2 (hand)	Daniel Lee	Plainsboro, NJ	2011

Top Scores

	Athlete	Point Scores	Year	Grade
1)	Dan Harrison	6013	2012	11
2)	Decker Barborek	5765	2017	11
3)	Jonathan Pangborn	5489	2011	11
4)	Tim Youtkus	5343	2016	11
5)	Qudratullah Qadiri	5258	2015	11
6)	Sean Tonnesen	5145	2011	11
7)	Taylor Cuddequest	5102	2011	11
8)	Collin Mascola	5011	2011	11
9)	Raymond Soya	4996	2017	11



Decathlon/Heptathlon



Class Records (through 2017)

Men's High School Division – Senior

Event	Mark/Time	Athlete	Hometown	Year
Decathlon	6237 Points	Andrew Ghizzzone	Union, NJ	2014
Day 1 Total	3246 Points	David McGriff	Flemington, NJ	2013
Day 2 Total	3053 Points	Luke Pease	Haddonfield, NJ	2014
100 Meters	10.94	Ryan Hynes	Doylestown, PA	2012
Long Jump	20'7.25" / 6.28M	Collin Mascola	Howell, NJ	2012
Shot Put	53'3.5" / 16.24M	David McGriff	Flemington, NJ	2013
High Jump	6'1.25" / 1.86M	Jimmy O'Connor	Ocean City, NJ	2011
400 Meters	51.20	Andrew Ghizzzone	Union, NJ	2014
110 M Hurdles	14.90	Ryan Hynes	Doylestown, PA	2012
Discus	164'11" / 50.28M	Adam Hunt	Haddon Twp, NJ	2017
Pole Vault	13'9.25" / 4.20M	Andrew Ghizzzone	Union, NJ	2014
Javelin	183'8.25" / 55.99M	Luke Pease	Haddonfield, NJ	2014
1500 Meters	4:24.9 (hand)	Mike Cross	Hopewell Valley, NJ	2011

Top Scores

	Athlete	Point Scores	Year	Grade
1)	Andrew Ghizzzone	6232	2014	12
2)	Luke Pease	6126	2014	12
3)	Ryan Hynes	6032	2012	12
4)	Jimmy O'Connor	5831	2011	12
5)	Mike Cross	5783	2011	12
6)	Collin Mascola	5560	2012	12
7)	Qudratullah Qadiri	5456	2016	12
8)	Demetrius Durham	5306	2011	12
9)	DeShawn Lamar-Baldwin	5242	2016	12
10)	Matt Mutone	5126	2015	12

Decathlon/Heptathlon

Meet Records (through 2017)

Record through 1st 7 events – High School Boys *

	Athlete	Point Scores	Year	Grade
1)	Dan Harrison	4729	2012	11
2)	David McGriff	4708	2013	12
3)	Ryan Hynes	4545	2012	12
4)	Luke Pease	4365	2012	12
	Andrew Ghizzone	4365	2012	12
5)	Decker Barborek	4184	2017	11

Record through 1st 7 events – Open Men *

	Athlete	Point Scores	Year
1)	Tim Wunderlich	5164	2013
2)	Raffael Craig	4910	2013
3)	Ben Colello	4865	2017
4)	Will Fountain	4714	2016
5)	Evan Stivala	4566	2016

* The 2013 meet was suspended after 7 events due to heavy rain. Consequently, we track the historical performances of each year's competition through the first 7 events as a basis for comparison with the 2013 year. Performances were exceptional in 2013 and, although the athletes were denied the opportunity to finish the meet, their marks through 7 events are appropriately compared here to other years.