

23rd Annual "Vertical Club" 2019 Late-Winter High Jump Clinics

The **MOST** Successful High Jump Clinic Series In The World!

Presented by.....Vertical Adventures Track & Field Club

ALL Clinics held Indoors @ Pivotal Training, 133 Eayrestown Road, Southampton, NJ 08088

The High Jump with Coach Mike Pascuzzo (Sundays & Tuesdays)

*3-time Olympic Trials Competitor (PR 7'5 1/4") *9-time All-American (University of Maryland)
 *4-time USA National Team Member *Coach Of More Than 195 State Champions From 13 States

And Coach Priscilla Frederick (Thursdays)

*2016 Rio Olympic Games Competitor (PR 6'3 1/4") *4-time All-American (St. John's University)
 *Silver Medalist, Pan American Games *Head Track & Field & Jumps Coach, Paul VI High School

Vertical Club High Jumpers In The News in 2017-2018:

-Priscilla Frederick: -Olympic Games Competitor, Rio de Janeiro, Brazil 2016 *New PR of 6'3 1/4"
 -Amina Smith: -USA Olympic Trials Finalist 2016 (4th Place) *New PR of 6'3 1/4"

Sunday Semi-Private Sessions: #1 9-11am #2 11am-1pm #3 1-3pm

February 3, 10, 17, 24, March 3, 10, 17, 24, 31

Tuesday & Thursday Semi-Private Sessions: 7-9pm

February 5, 7, 12, 14, 19, 21, 26, 28 March 5, 7, 12, 14, 19, 21, 26, 28

****PRIVATE SESSIONS AVAILABLE BY APPOINTMENT! CALL MIKE FOR DETAILS****

Registration: **MUST Pre-Register & Pre-Pay!** Who Can Participate: **Boys/Girls/Men/Women, Ages 8 & Up**

Mail To / Payable To: Mike Pascuzzo, 1 Sheffield Lane, Mt. Laurel, NJ 08054
MPScooze@aol.com / www.VerticalAdventures.org / Facebook @ Vertical Adventures Track & Field

Name _____ Age _____ School _____

Address _____ City _____ State _____ Zip Code _____

Telephone (Cell # Preferred) (_____) _____

Athlete or Parent(s) E-Mail (mandatory, please print): _____

Sunday Clinics: (circle dates & write-in sessions, first choice AND back-up)

February 3 (session# _____) 10 (# _____) 17 (# _____) 24 (# _____)

March 3 (session# _____) 10 (# _____) 17 (# _____) 24 (# _____) 31 (# _____)

Sunday Packages: 1-3 sessions x \$75 each, 4-6 sessions x \$65 each, 7-9 sessions x \$60 each

Tuesday Clinics: (circle dates) **February** 5 12 19 26 **March** 5 12 19 26

Thursday Clinics: (circle dates) **February** 7 14 21 28 **March** 7 14 21 28

Tuesday/Thursday Packages: 1-3 sessions x \$75 each 4-8 sessions x \$65 each
 9-12 sessions x \$60 each 13-16 sessions x \$55 each

Total Due For Sunday Sessions: \$ _____ Total Due For Tuesday/Thursday Sessions: \$ _____

Have Questions? Call Mike @ (609) 304-5393 *No Refunds or Credits for missed sessions!

I hereby grant permission for my child to attend the Vertical Adventures 2019 Vertical Club Late-Winter Clinic Series. I verify that my child has had a physical exam in the past year and is able to participate in the activities related to the meet series. I agree to indemnify, hold harmless and defend Vertical Adventures, Michael Pascuzzo, Nickolas Tyson, Priscilla Frederick, Dan Ingrum, Craig Hunter, Amina Smith & Pivotal Training and/or their agents or employees from any and all liability for injury to my child, as well as any injury or damage caused by my child.

Parent or Guardian Signature _____ Date _____