

29th Annual "Vertical Club" 2025 Late-Winter High Jump Clinics

The **MOST** Successful High Jump Clinic Series In The World!

Presented by.....Vertical Adventures Track & Field Club

ALL Clinics held Indoors @ Pivotal Training, 133 Eayrestown Road, Southampton, NJ 08088

The High Jump with Coaches Mike Pascuzzo & Beth Simmons

*3-time Olympic Trials Competitor (PR 7'5 1/4") *4-time USA National Team Member (Pascuzzo)

*Coached Over 350 State Champions From 13 States & Dozens of D-1 All-Americans (Pascuzzo)

*2-time Olympic Trials Finalist (PR 6'1") *NCAA National Champion (Simmons)

Vertical Club High Jumpers In The News in 2021-2024:

Amina Smith:

*#2 Ranked Woman In The USA-2020 *#10 Ranked Woman In The World-2020

*USA National Team Member-2019 (USA vs Europe) *USA National Team Member-2020 (Indoor World Championships)

*USA Olympic Trials Finalist 2016-4th Place (PR of 6'3 1/2") *3-time All American (U. of Maryland)

Priscilla Frederick:

*Olympic Team In 2016 (Antigua & Barbuda) *2-Time Pan-Am Games Silver Medalist *7-time All American (St. John's U.)

*Antigua & Barbuda National Record Holder (PR of 6'3 1/4")

Aidan Clark:

*2024 US Olympic Trials Competitor *2024 Atlantic Coast Conference Champion *Personal Best of 7'2 1/2"

Tim Watson:

*Connecticut State Champion-2022 *Connecticut State Record Holder (PR of 7'0 3/4") *National High School Champion-2022

Alysa Carrigan:

*Virginia Indoor State Champion-2023 *National High School Champion (2023 Indoor-PR 5'8")

Sunday Semi-Private Sessions:

Session #1 10am-12:00pm Session #2 12:00am-2:00pm

February 9, 16, 23 March 2, 16, 23, 30

Tuesday & Thursday Semi-Private Sessions: 7-9pm

February 6, 13, 18, 27 March 6, 13, 18, 27

****PRIVATE SESSIONS AVAILABLE BY APPOINTMENT****

Registration: **MUST Pre-Register & Pre-Pay!** Who Can Participate: **Boys/Girls/Men/Women, Ages 8 & Up**

Mail To / Payable To: Mike Pascuzzo, 1 Sheffield Lane, Mt. Laurel, NJ 08054

MPScooze@aol.com / www.VerticalAdventures.org / Facebook @ Vertical Adventures Track & Field

Name _____ Age _____ School _____

Address _____ City _____ State _____ Zip Code _____

Telephone (Cell # Preferred) (_____) _____

Athlete or Parent(s) E-Mail (mandatory, please print): _____

Sunday Clinics: (Write-in session #, first choice AND back-up)

February 9 (session# _____ or _____) 16 (# _____ or _____) 23 (# _____ or _____)

March 2 (session# _____ or _____) 16 (# _____ or _____) 23 (# _____ or _____) 30 (# _____ or _____)

Tuesday/Thursday Clinics: (Check Off Desired Dates)

February 6 (_____) 13 (_____) 18 (_____) 27 (_____)

March 6 (_____) 13 (_____) 18 (_____) 27 (_____)

Each Session Is \$75 Total Enclosed For All Sessions: \$ _____

Have Questions? Call Mike @ (609) 304-5393 *No Refunds or Credits for missed sessions!

I hereby grant permission for my child to attend the Vertical Adventures 2025 Vertical Club Late-Winter Clinic Series. I verify that my child has had a physical exam in the past year and is able to participate in the activities related to the meet series. I agree to indemnify, hold harmless and defend Vertical Adventures, Michael Pascuzzo, Dan Ingram, Beth Simmons, Todd Curll, Matthew Carter & Pivotal Training and/or their agents or employees from any and all liability for injury to my child, as well as any injury or damage caused by my child.

Parent or Guardian Signature _____ Date _____