

29th Annual "Vertical Club" 2025 Spring High Jump Clinics
The **MOST** Successful High Jump Clinic Series In The World!

Presented by.....Vertical Adventures Track & Field Club

****ALL Clinics held Indoors @ Pivotal Training, 133 Eayrestown Road, Southampton, NJ 08088****

"The Mike Pascuzzo High Jump Series"
with Coach Beth Simmons

*2-time Olympic Trials Finalist (PR 6'1") *NCAA National Champion

Vertical Club High Jumpers In The News in 2021-2024:

Priscilla Frederick:

*Olympic Team In 2016 (Antigua & Barbuda) *2-Time Pan-Am Games Silver *Antigua & Barbuda National Record (PR of 6'3 1/4")

Aidan Clark:

*2024 US Olympic Trials Competitor *2024 Atlantic Coast Conference Champion *Personal Best of 7'2 1/2"

Alysa Carrigan:

*Virginia Indoor State Champion-2023 *National High School Champion (2023 Indoor-PR 5'8")

Sunday Semi-Private Sessions: #1 10am-12pm #2 12-2pm

April ~~6~~ ~~13~~ 27 May 4 11 ~~18~~ June 1 8

Tuesday & Thursday Semi-Private Sessions: 7-9pm

April 10 ~~15~~ 22 ~~29~~ May 6 13 22 27 June 5 10

PRIVATE 1-HOUR SESSIONS BY APPOINTMENT

Registration: MUST Pre-Register & Pre-Pay! Who Can Participate: Boys/Girls/Men/Women, Ages 8 & Up

Mail To / Payable To: Vertical Adventures, 1 Sheffield Lane, Mt. Laurel, NJ 08054

Coachtoddiverticaladventures@gmail.com / www.VerticalAdventures.org /

Instagram: @vertical_adventuresnj / Facebook: @ Vertical Adventures Track & Field

Name _____ Age _____ School _____

Telephone (Cell # Preferred) (_____) _____

Parent(s) E-Mail (mandatory, please print): _____

Athlete E-Mail (optional, please print): _____

Sunday Clinics: \$75 each (write-in sessions, first choice & back-up) NO volume discounts for Sundays!

April 6 (session# _____ or _____) 13 (# _____ or _____) 27 (# _____ or _____)

May 4 (session# _____ or _____) 11 (#Session 1 only _____) 18 (# _____ or _____)

June 1 (session# _____ or _____) 8 (# _____ or _____)

Tuesday/Thursday Clinics: \$75 each (circle dates):

April 10 ~~15~~ 22 ~~29~~ May 6 13 22 27 June 5 10

Tuesday/Thursday Volume Packages: *Cannot be combined with Sunday sessions

1-3 sessions x \$75 each 4-7 sessions x \$70 each 8-10 sessions x \$65 each

Total For Sunday Sessions: \$ _____ Total For Tues & Thurs Sessions: \$ _____ Total Due: \$ _____

Have Questions? Call Todd @ (609) 576-0031 *No Refunds or Credits for missed sessions!

I hereby grant permission for my child to attend the Vertical Adventures 2025 Vertical Club Spring Clinic Series. I verify that my child has had a physical exam in the past year and is able to participate in the activities related to the meet series. I agree to indemnify, hold harmless and defend Vertical Adventures, Michael Pascuzzo, Todd Curil, Dan Ingram, Matthew Carter, Beth Simmons & Pivotal Training and/or their agents or employees from any and all liability for injury to my child, as well as any injury or damage caused by my child.

Parent or Guardian Signature _____ Date _____